



# Eagle Ridge Institute

## Alcohol & Drug Program

109 West 2<sup>nd</sup> Street

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### PROGRAM AND SCHEDULE INFORMATION

Welcome to the Eagle Ridge Institute Drug and Alcohol Program. The Program has five phases, divided up as follows:

Phase I: 10 weeks

Phase II: 16 weeks

Phase III: 16 weeks

Phase IV: 10 weeks

Phase V: 6 months

In Phase I & II, you will meet for individual counseling twice a month, in Phases III & IV only once a month.

Here's the schedule for group counseling:

Phase I: Mondays and Thursdays, 5:30 p.m. to 7:30 p.m.

Phase II: Tuesdays and Wednesdays, 5:30 p.m. to 7:30 p.m.

Phase III: Wednesdays 5:30 p.m. to 7:30 p.m.

Phase IV: Tuesdays 5:30 p.m. to 7:00 p.m.

Phase V: Tuesday after court 5:30 p.m. to 6:30 p.m.

**You need to arrive about half an hour before your group counseling session begins in order for everyone to have time to get a UA.**