

# CARROLL COUNTY ADULT DRUG TREATMENT COURT

## Sweat Patch Instructions

The Sweat Patch that has been applied collects sweat from your body, allowing the moisture to evaporate and collecting molecules of drugs and/or their metabolites that have been in your body. It does this for the entire time the patch is applied plus up to 24 to 48 hours prior to it being applied. It adds nothing to your body and contains no medication. It is held in place by Tagaderm adhesive tape that allows moisture to evaporate from your skin. It will remain in place for the 7 to 10 days you will be expected to wear it. The sweat patch test results are from a certified laboratory and will be presumed valid. Sanctions will be imposed for positive results and for compromised sweat patches. If you have any questions or concerns while wearing your patch, contact the Health Department as soon as possible.

1. You will be able to shower, bathe, and even swim with it on, **DO NOT RUB OR SCRUB** the area around the patch. Pat the area dry. Rubbing may cause the edges to come free from your skin and you will be held responsible if the patch becomes compromised.

2. You should be able to engage in your normal activities, even exercising without having the patch be disturbed. Sweating will not cause it to come loose. **RUBBING OR PULLING** at the edges may cause it to come free, and you will be held responsible if the patch becomes compromised.

3. While wearing the patch, be mindful of its presence and check it periodically during each day. Take reasonable care not to damage or disturb it. Deliberate tampering, removing, or otherwise trying to defeat its intended purpose of testing for drugs in your system, will be interpreted as falsifying test results and will result in you being sanctioned.

4. In the unlikely event your patch becomes loose, moves, starts coming off, or gets damaged in any way, **CONTACT THE HEALTH DEPARTMENT AND THE CASE MANAGER IMMEDIATELY TO REPORT WHAT HAS HAPPENED AND GET INSTRUCTIONS. DO NOT REMOVE THE PATCH UNLESS INSTRUCTED TO DO SO.** Failure to follow these procedures will be interpreted as tampering and will result in you being sanctioned.

5. Skin irritations and allergic reactions to the patch are unusual, but can occur. If you notice redness or skin irritation in the patch area or at the edges, **CONTACT THE HEALTH DEPARTMENT AND THE CASE MANAGER IMMEDIATELY.**

6. I understand that I will be held responsible for the condition of the sweat patch after it is applied until such time as it is removed.

7. I understand that I am entitled to receive a copy of these instructions after it is signed. I accept \_\_\_\_\_ (initials) I decline \_\_\_\_\_ (initials) a copy of this form.

Dated: \_\_\_\_\_

\_\_\_\_\_  
Signature of Participant

Dated: \_\_\_\_\_

\_\_\_\_\_  
Signature of Witness