

## NUTS AND BOLTS OF THE MISSOULA YOUTH DRUG COURT PROGRAM

In this section you will find information on the following topics:

*What is a Drug Court?*

*Why is Drug Court Different?*

*Who are the Members of the Drug Court Team and what does the team do?*

*What is the Program?*

*What Financial obligations does a participant's family have?*

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**What is a Drug Court?**

*The yearlong drug court program combines aggressive treatment with frequent court appearances.*

The Missoula Youth Drug Court Mission is:

***"To reduce juvenile crime and substance abuse by diverting youth to a court-managed treatment program which holds them accountable and emphasizes personal responsibility."***

The Missoula Youth Drug Court (YDC) is a court-managed intensive treatment program. The program averages one year in length and is open to 25 youth between the ages of 15 and 17. Juveniles who are significantly involved in the criminal justice system and abusing alcohol and drugs are the focus of this program. Young people formally charged in Youth Court with felonies that are not crimes against persons or crimes of violence, and young people charged with any misdemeanor are eligible for the program.

**Why is Drug Court Different?**

*The drug court approach differs from the approach of traditional court, in which the court officers represent and argue different sides of an issue. In drug court programs, the judge, prosecutor and public defender discard adversarial roles. In drug court they are members of a team dedicated to one purpose--helping young people. Treatment providers share in rather than direct treatment decisions.*

### **Who are the Members of the Drug Court Team and what does the team do?**

- John W. Larson, District Judge  
In his absence: Standing Master Brenda C. Desmond
- Margaret L. Borg, Chief Public Defender
- Leslie Halligan, Deputy County Attorney
- Charity Claramunt, MSW, Juvenile Probation Officer
- Bonnie Fergerson, M.Ed., School Representative
- Carol Lee Engler, MSW, Social Worker
- Ellie Greenwood, Community Programs Coordinator

The YDC Team develops and implements YDC policy. The YDC Team creates and manages the individual drug court plan for each participant. The YDC Team staffs cases weekly prior to the drug court session and reviews each youth's progress with information from treatment providers. Occasionally family members and participants attend this weekly meeting.

### **What is the Program?**

The Missoula YDC Program emphasizes community-based treatment and least restrictive services. Therefore, whenever possible, YDC participants remain in the family home while they are in the YDC Program, sometimes with the support of the Home Arrest Program. Some participants' behavior and/or substance abuse may warrant out of home placement or residential treatment.

Youth Drug Court sessions are held weekly. Most YDC participants and a parent/guardian appear in court every week for a progress review. In addition to the weekly court appearance, youth and their families participate throughout the week in an individual drug court program plan. Each participant's plan includes: acupuncture, therapy, an adventure recreation program, a writing workshop, a conflict resolution workshop, and a parenting education course (for parents and guardians of participants). Each participant's plan may also include, substance abuse treatment and/or mental health treatment.

**Drug court participants are subject to regular, frequent, random, visually supervised drug testing. Participants in the program pay for drug tests.**

### **What financial obligations does a participant's family have?**

Missoula YDC has limited funds for treatment. Families with adequate funds or insurance will be expected to pay for all or part of treatment. Families eligible for Medicaid, or CHIPS will be required to apply to those programs for funding.

**(See Appendix A @ Pg. 23 for Referrals and Eligibility.)**

## ENTERING DRUG COURT

In this section you will find information on the following topics:

### *Committing to the Program*

### *Entering the Program*

### *Participant's Individual Drug Court Plan*

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#### **Committing to the Program:**

Following acceptance to YDC, each participant, his or her parents or guardian and the YDC-Juvenile Probation Officer (YDC-JPO) sign a drug court contract. The YDC Judge approves the contract, making it a court order. Each participant and his or her family receive an orientation from the YDC-JPO. The purpose of this orientation is to introduce the youth and family to the program and answer any questions they may have. Participants and families are required to sign releases that allow the sharing of confidential information.

#### **Entering the Program:**

When a participant enters the YDC Program he or she admits to the appropriate allegations in the Petition alleging juvenile offenses. The YDC judge then enters an order containing the terms and conditions of the disposition (sentence). This disposition will be suspended while the youth participates in Youth Drug Court. ***When the youth successfully completes the YDC Program the Petition is dismissed and the youth's entire record is expunged.*** If a youth is unsuccessful in the drug court program the Petition will not be dismissed and the youth will be subject to the suspended disposition.

#### **Participant's Individual Drug Court Plan:**

The YDC-JPO develops an individual drug court plan for each participant that is then incorporated into a court order. The individual drug court plan, called a *road map*, outlines a combination of short and long term goals. Goals are satisfied through required and available YDC treatment programs. Each participant's road map will be approved and reviewed periodically by the YDC Team. **The next section in this handbook gives more detailed information regarding the individual drug court plan and the required and available programs.**

## INDIVIDUAL DRUG COURT PLAN

In this section you will find information on the following topics:

### ***Required Treatment Programs***

### ***Additional Available Treatment Programs***

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*The YDC Team recognizes the need to match participants with appropriate treatment and services. The YDC Team has available to it a range of treatment options from which to choose. This continuum of care enables the team to place each participant into the appropriate level of care. Each youth will participate in all required programs. Youth will also participate in programs specifically selected for them from the additional available programs.*

### **Required Treatment Programs:**

- Acupuncture
- Adventure Recreation
- Conflict Resolution
- Therapy
- Parent Education (for parents and guardians of participants)
- The Writing Workshop

*Family involvement in all forms of treatment is required and critical. The programs outlined in this section are required programs that all youth must participate in before they graduate from the program.*

### **Acupuncture:**

Susan Clarion Stampley is a nationally certified psychiatric and mental health nurse. She has practiced in the areas of addiction treatment, pain management and mental health in both hospital and outpatient settings. She is a licensed acupuncturist, certified by the National Acupuncture Detox Association. Susan also has a master's degree in transpersonal studies

The Acupuncture Detox Stress Reduction Clinic provides an acupuncture-based program for the relief of symptoms of stress-related disorders, including pain, sleep problems, anxiety, and depression. Research has demonstrated that acupuncture treatments reduce withdrawal symptoms and cravings for drugs, alcohol, and tobacco.

YDC participants are treated, while fully clothed, in a group of up to six people seated in a comfortable and relaxing environment at the Detox Clinic.

Acupuncture treatment takes place in the first phase of the drug court program. Eighteen sessions are required. Generally these 18 sessions occur three times a week for six consecutive weeks. The acupuncture session is 45 to 50 minutes long.

What YDC youth have said about acupuncture:

*"I just feel more relaxed."*

*"It helps me not to use."*

*"I just feel more relaxed and calm."*

*"I feel very alert, but calm".*

*"I just feel good."*

A few kids have said that they don't notice any difference from the acupuncture.<sup>1</sup>

### **Adventure Recreation:**

The YDC Adventure Recreation program is provided by the Missoula City Parks and Recreation Department

The Adventure Recreation Program teaches young people leadership, healthy uses of their time and life skills.

#### Goals of the program:

- Provide healthy role models
- Provide a safe environment for risk-taking
- Introduce alternative recreational choices
- Teach life-long leisure skills
- Communication skills, team-building and group dynamics
- Responsibility and job training

#### Examples of Activities:

- **Ropes Course, Kayaking, Ice Fishing, Rock Climbing, Snow Boarding, Mountain Biking**

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<sup>1</sup> *What Youths Say They Like and Don't Like About Acupuncture: Susan Stampley. YDC Acupuncture Newsletter 11/00.*

### **Conflict Resolution:**

The Community Dispute Resolution Center of Missoula (CDRC) provides a conflict resolution workshop to YDC participants and their families. The CDRC has developed and maintains a number of local projects in collaboration with law enforcement agencies, the courts, the school district and other community groups, including justice court mediation, juvenile victim-offender mediation, school peer mediation, and parent-child conflict resolution and mediation.

The CDRC offers daylong conflict resolution workshops for YDC participants and their parents. Topics addressed at the workshops include:

- The Dynamics of Conflict
- An Overview of Communications
- The ABCs of Anger
- Resolving Conflict
- Managing Anger

### **Therapy:**

Each participant's individual drug court plan includes some form of therapy to address the participant's drug and alcohol abuse. This therapy may include: individual counseling, intensive outpatient treatment, inpatient treatment, or any combination of these.

### **Parent Education Program:**

Laurie Hunt, Intensive Court Case Manager, directs the YDC Parent Education Program. The course is specifically designed for the parents and guardians of YDC participants. Parents/Guardians of YDC participants will receive a letter announcing the upcoming parenting course.

**Parents will also receive a court order in the mail when they have been scheduled to participate in the program.** The course is offered three times a year, lasts six weeks and is held during the evening.

The program uses research-based curriculum materials that focus on building parenting skills, increasing parent understanding of teenage development and drug and alcohol use.

Topics covered in the parent education course include:

- Understanding Drug and Alcohol Abuse/Addiction
- Child Development
- Positive Discipline
- Communication and Problem Solving
- Anger Management
- Parent/Self-Esteem/Self-Care
- Enhancing Teen Self-Esteem

**Writing Workshop:**

Ellie Greenwood, YDC Community Program Coordinator acts as the "writing coach" and facilitates this workshop with the help of local artists and writers, University students, and local volunteers.

**The specific purpose of the writing workshop is to encourage participants to express themselves in writing.** Our writing program promotes writing activities that offer participants an opportunity to engage in civilized discourse and authorship with the YDC Team and the community through letter writing, memoir writing and public readings.

**The general purpose of this workshop is to provide all participants with the opportunity to improve their literacy skills.** The YDC Team defines basic literacy skills to include the ability to read, write, listen, speak and use critical thinking skills well. A universal goal of the writing program is to provide participants from various backgrounds and cultures access to a variety of writing experiences that can be found locally in the Missoula community.

Topics covered in the writing workshop include:

- Critical Thinking Skills 101
- Writing to the point
- Writing the Memoir
- Writing letters
- Elements of Writing:  
*Mechanics, Organization, Development, Diction, and Style.*

**Program requirements include: facilitating a group discussion about a piece of contemporary writing, writing a five-page memoir and organizing a group reading.**

**(See Appendix B @ Pg. 24 for the names, addresses and phone numbers of the contact people who staff and/or oversee the required YDC Programs.)**

**Additional Treatment Programs:**

- Individual Outpatient Chemical Dependency Treatment (IOP)
- Individual Therapy
- Pet-Assisted Therapy
- Art Therapy
- Neurofeedback
- Inpatient Treatment (Mental Health or Chemical Dependency or Both)
- Missoula Indian Center
- Family Based Services (In-Home Treatment)
- Group Homes (Therapeutic and Shelter Care)
- Wilderness Treatment programs
- Support Groups
  - Teen Parent Education and Support
  - Parent Support Group
  - Youth Support Group
- Job Skills I and II
- Home Arrest

*The above programs are available through YDC and may be designated as part of a participant's individualized drug court plan.*

**(See Appendix C @ Pg. 25 for a description of each program.)**

## THE YDC ROAD MAP

In this section you will find information on the following topics:

### ***Detailed Description of the Phase System***

- I. The Mapping Phase***
- II. The Exposure Phase***
- III. The Action Phase***
- IV. The Arrival Phase***

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*The Missoula Youth Drug Court Program is divided into four phases. The phases have been developed as a "Journey". The four phases reflect the stages typically involved in a journey. The first phase is the Mapping Phase, the second phase is the Exposure Phase, the third phase is the Action Phase, and the fourth and final phase is the Arrival Phase. The road map for each phase includes strengths and challenges and short and long-term goals that can be measured in each of the following program areas:*

- Education/Vocation
- Community
- Family
- Treatment/Wellbeing

**(See Appendix D @ Pg. 29 for a detailed illustration of the Phase Plan.)**

*The following descriptions briefly outline the purpose of each phase and the outcomes that are expected and hoped for in each phase.*

### ***I. The Mapping Phase (Approximately 6 weeks)***

During the Mapping Phase the YDC Team will ensure that the following are completed:

- Chemical Dependency Evaluation
- Strengths-Based Inventory  
**(See Appendix E @ Pg. 31 for an explanation of Strengths-Based Inventory.)**
- Development of an Exposure Road Map (during the fifth or sixth week)

In Phase I, the *Mapping Phase*, participants attend court every week. Participants check in with the JPO twice a week. They are assigned the color "yellow" for testing and call in daily to find out when their random drug tests are scheduled.

In the Mapping Phase participants complete 18 sessions of acupuncture. Any participant

who is already engaged in any form of treatment at the beginning of the mapping phase will continue that treatment at least until the exposure road map is completed.

The Mapping Phase is completed when:

- The YDC participant has completed 18 sessions of Acupuncture.
- The YDC participant has completed an Exposure Road Map that has been approved by the YDC Team.

Rewards for finishing this phase include:

- Moving to the Exposure Phase.

## **II. The Exposure Phase (Approximately 14-18 weeks)**

In Phase II, the *Exposure Phase*, participants attend court every week. Participants check in with the YDC-JPO according to their color assignment.

*The YDC Team reviews the road map throughout the phase and makes any necessary changes.*

Most participants begin Adventure Recreation and the Writing Workshop during the Exposure Phase. Toward the end of the Exposure Phase, the participant and his or her JPO will meet to develop a road map for the Action Phase.

The Exposure Phase is completed when:

- The YDC participant has accomplished at least 75% of the Exposure Road Map objectives.
- The YDC participant has developed an Action Road Map that has been approved by the YDC Team.

Rewards for finishing this phase include:

- Moving to the Action Phase and a customized reward.

## **III. The Action Phase (Approximately 14-18 weeks)**

*In the Action Phase participants put into action all that they have been exposed to and have learned in the program thus far.*

In Phase III, the *Action Phase*, participants attend court every week. Participants check in with their YDC-JPO according to color assignment.

Participants who have not yet completed Adventure Recreation or the Writing Workshop do so in Phase III. Toward the end of the Action Phase, the participant and his or her parents meet with the YDC-JPO to develop an Arrival Road Map/Individual Relapse Plan for the Arrival Phase.

The Action Phase is complete when:

- The YDC participant has had four consecutive weeks of negative tests.
- The YDC participant has accomplished at least 80% of the Action Road Map objectives.
- The YDC participant has developed an Arrival Road Map/Relapse Prevention Plan that has been approved by the YDC Team.

Rewards for finishing this phase include:

- Moving to the Arrival Phase
- Customized reward

#### **IV. The Arrival Phase, Part One (Approximately 4-8 weeks)**

*The Arrival Phase of the program begins the transition out of Drug Court. This phase is based upon the positive changes that the participant has accomplished in the Action Phase. The participant starts to experience life without the structure, demands, and supervision of Drug Court.*

Phase IV, the *Arrival Phase*, is divided into two parts. In the first part, participants attend court every other week and check in with their JPO according to their color assignment. To move to the second part of the phase the participant must have negative tests for 60 days. The 60 days may include 30 days from the Action Phase. The participant and his or her parents will follow the Arrival Road Map/Individual Relapse Prevention Plan that they developed at the end of the Action Phase.

#### **IV. The Arrival Phase Part Two (Approximately 8 weeks)**

In the second part of the Arrival Phase, participants make three court appearances over eight week's time and check in with their JPO twice. The participant and his or her parents will continue to follow the Arrival Road Map/Individual Relapse Prevention Plan that they developed at the end of the Action Phase.

The Arrival Phase is complete when:

- The YDC participant has had 6 consecutive weeks of negative tests.
- The YDC participant has accomplished his or her Arrival road map objectives.
- The YDC participant has satisfied all financial obligations/payments including **ALL** fines, restitution, and drug testing fees.

**(See Appendix F @ Pg. 32 for examples of Road Maps.)**

## GUIDELINES FOR DRUG COURT PARTICIPANTS

In this section you will find information on the following topics:

### ***Appropriate Dress***

### ***Language and Behavior***

### ***Court Room behavior***

### ***Weapons***

### ***Smoking***

### ***Punctuality and Advance Notification of Absences***

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*The following program guidelines have been developed and approved by the YDC Team. All participants and parents should read through these guidelines carefully. To avoid unnecessary sanctions and misunderstandings, please ask if you have questions. Many YDC-sponsored treatment programs have their own separate "protocols" or guidelines for behavior that must be followed as well. In the absence of other guidelines, the following guidelines hold true for all programs.*

### **Appropriate Dress:**

Participants are expected to dress appropriately for all YDC Program activities. Clothing displaying drug or gang symbols, colors, or language is prohibited. Hats are not to be worn in court.

### **Language and Behavior:**

During all YDC activities each participant is expected to refrain from the use of profanity and the glorification of alcohol or drug use. No racist, sexist, homophobic, sexual, violent or other offensive comments will be tolerated. Abusive behavior (in the form of insulting language, physical gestures, aggression, or otherwise offensive behavior) will be sanctioned and may be grounds for expulsion.

### **Courtroom behavior:**

The Drug Court Team expects all drug court participants to show respect and courtesy to all courtroom staff, families in attendance, and other observers. No food or beverages are allowed in the courtroom.

### **Weapons:**

No weapons are allowed at ANY YDC activities. If a weapon is found on a participant he or she will be sanctioned and may be expelled immediately from the YDC Program.

**Smoking:** Smoking is prohibited at all YDC functions regardless of participant's age.

### **Punctuality and Advance Notification of Absences:**

Drug court participants are expected to be on time for all YDC activities. If a participant is unable to attend any drug court activity, he or she must provide advance notice. Twenty-four hours notice should be given when possible. *All attendance, notification and/or lateness issues will be reported to the court and are subject to sanction.*

## DRUG TESTING

In this section you will find information on the following topics:

### ***Frequent and Random Testing***

#### ***Colors***

#### ***Confirmation Tests***

#### ***Testing Rules***

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*Drug testing is an essential aspect of the drug court program. It is, however, only one measure of a participant's progress in the program. Drug tests will be frequent, random, and visually supervised. Various drugs will be tested for on a random basis.*

### **Frequent and Random Testing:**

Missoula YDC utilizes observed Urine Analysis (UA) Quicktests to determine the presence of drugs. In addition, participants are subject to random Breathalyzer Tests. Other forms of testing, such as hair testing, saliva testing, or "The Patch" may be used. Missoula YDC also conducts tests to determine the presence of adulterants and/or dilution of the urine sample.

#### **Colors:**

Each week each participant is assigned a color that determines the frequency of UA tests. The following list of colors designates the MINIMUM number of UA tests that a participant will be required to provide each week. It should be noted that the more often a participant tests positive for illegal substances the more often he or she will be tested.

- Red = three tests
- Yellow = two tests
- Blue = one test
- Green = one test
- Purple = used during phase IV.

**From the moment participants enter the program they are required to phone in daily to 523-2875 between the hours of 6AM and 4PM.**

Each day participants call to check the test color of the day. If the participant-assigned color is identified as the color of the day, he or she must check in between the hours of 8AM and 5PM at Youth Court. If the participant's color is identified on a weekend day or a holiday he or she must check in at the Providence Center between the hours of 4PM and 8PM.

### **Confirmation Tests:**

All positive Quicktests and an occasional negative test are sent to the Montana State Crime Lab for verification of the presence of drugs or adulterants and for calibration of drug levels. The Montana State Crime lab testing can detect any drug in the participant's system including but not limited to: caffeine, nicotine, and all illegal substances.

### **Testing Rules:**

The following seven rules apply to YDC drug and alcohol testing:

1. Participants must sign in and date the appropriate sign-in sheet at each check in. If the participant doesn't sign in, credit for the test will not be given.
2. Participants must be prepared to produce a urine sample and take a Breathalyzer upon arrival at the testing site (Youth Court or the Providence Center).
3. A missed check in will result in a positive UA. No exceptions will be made. If a participant plans to be out of town and is unable to check in the YDC-JPO must be given prior (at least 24 hours) approval for the absence and missed check in.
4. Diluted samples will be tested for abnormality. If a test shows adulterants, the test is considered positive.
5. If a participant's test is positive on the Breathalyzer for the presence of alcohol, law enforcement will be called to perform a confirmation test. If the second test is positive, the participant will be cited for Minor In Possession of Alcohol. The citation will be sanctioned in the YDC Program.
6. Participants are financially responsible for each Quicktest and Breathalyzer.
7. If a participant informs the staff that he or she will test positive, no Quicktest will be given and the sample will immediately sent to the Crime Lab for confirmation. Admitting to drug use before the Quicktest is given saves the participant the cost of the Quicktest.

**NOTE: All UA fees must be paid before a participant graduates from the program.**

## DRUG COURT TEAM MEETINGS

In this section you will find information on the following topics:

### *Schedule*

### *Review of each drug court case*

### *Policy Meetings*

### *Evaluation*

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#### *Schedule:*

The drug court team meets weekly on Wednesday @ 12:30 in the Missoula County Courthouse prior to the weekly court session.

#### *Review of Each Drug Court Case:*

At this meeting the drug court team has the opportunity to hear how each participant is progressing through the program. The YDC-JPO provides a written report of each participant's progress that details the participant's performance in YDC Programs during the week. With prior arrangement, participants and their parents may attend the meeting. The team also reviews any reports from law enforcement. Upon considering the weekly performance of a participant the drug court team determines appropriate incentives and/or sanctions/consequences. The team may also recommend and/or make changes in the participant's individual drug court plan.

#### *Policy Meetings:*

The drug court team meets at least quarterly to review, develop and implement drug court design and policy. At these meetings the team reviews the drug court process and assesses outcomes of the program.

#### *Evaluation:*

The Missoula Drug Court undergoes regular formal evaluation.

## COURT SESSIONS

In this section you will find information on the following topics:

### ***Court Schedule***

#### ***Open Court Session***

#### ***Participants and Parents are required to Attend***

#### ***Courtroom Protocol***

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*Frequent court appearances encourage a direct and honest relationship between the Judge and the participant. This is a cornerstone of the drug court philosophy.*

### **Court Schedule:**

Drug Court sessions occur weekly on Wednesday at 3:30 PM in the Missoula County Courthouse located at 200 West Broadway. Occasionally, with prior notice, court will be rescheduled for another day.

### **Open Court Sessions:**

Juvenile court proceedings in the State of Montana are open to the public. The open YDC court session facilitates three important aspects of the drug court program.

1. Open court facilitates a free-flow of information between parents, caregivers, and the court.
2. By attending the court sessions youth have the opportunity to learn from the successes of other participants.
3. Open court demonstrates the efforts to treat each participant as an individual, fairly and impartially.

### **Participants and Parents are required to Attend:**

Drug court participants and their parents/guardians are required to attend, and arrive on time. This may mean rearranging work and other schedules. Participants must remain for the entire court session.

### **Courtroom Protocol:**

**Participants are expected to dress appropriately for all drug court program activities. Clothing displaying drug or gang symbols, colors or language is prohibited.** Hats are not to be worn in court. No food or beverages are allowed in the courtroom.

## INCENTIVES/REWARDS AND SANCTIONS/CONSEQUENCES

In this section you will find information on the following topics:

### *Incentives*

### *Sanctions/Consequences*

### *Sanctions Grid*

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*Missoula Youth Drug Court is an intensive court-managed treatment program. The goal of the program is to assist youth in overcoming substance abuse and to reduce crime and criminal activity. We are here to help young people identify existing strengths and develop competencies that motivate positive change.*

*To support the goals of the program and each individual in the program the YDC Team has developed incentives/rewards and sanctions/consequences.*

### **Incentives:**

The purpose of an incentive is to motivate positive change. Through incentives we encourage responsible behavior.

Incentives include but are not limited to:

- Gift certificates and event tickets
  - A week off from attending court after four clean weeks
  - Recognition in Court, including applause
  - Decreased drug testing if participant remains clean--resulting in fewer UA fees
  - Faster progress through program
  - Graduation to next phase
  - The Law Enforcement Ride-Along-program
  - Graduation from program and the final incentive...
- 
- **Dismissal of charges and entire record expunged.**

### Sanctions/Consequences:

The purpose of sanctions/consequences is to hold participants accountable for their behavior and to reinforce core aspects of the program. The core aspects of the program are treatment and program participation, school attendance, and behavior at home. There are specific graduated sanctions/consequences designed to address behavior in the different aspects of the program.

*The YDC sanctions are designed to be effective, developmentally appropriate, and immediate. In most cases the participant will move through the sanctions by way of warning, community service, home arrest, and then detention.*

Beyond these specific sanctions, when appropriate, sanctions will be individualized for the participant in question. The team strives for sanctions that are fair, clear, and meaningful.

### Sanctions Grid:

The Sanctions Grid outlines the graduated sanctions for:

- Use
- Missed appointments
- Unexcused absences or behavior issues at school
- Problems at home

In addition to court sanctions for use, the participant's treatment provider may also have a "treatment response" to the participant's behavior. This may result in additional treatment or a change in the treatment plan.

**(See Appendix G @ Pg. 33 for Sanctions Grid.)**

## SUSPENSION AND EXPULSION (Proposed)

In this section you will find information on the following topics:

### *Suspension*

### *Automatic Expulsion*

### *Voted Expulsion*

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#### *Suspension:*

A participant who is charged with committing a violent felony while participating in YDC *will be suspended from participation in the program*. A participant acquitted of the charges restarts the program, a participant who is convicted, is immediately expelled.

#### *Automatic Expulsion:*

A YDC participant who is convicted of a violent felony or sexual offense while participating in the program *will be automatically expelled*.

#### *Voted Expulsion:*

A YDC participant may be expelled from the program by a majority vote of the team if he or she:

- possesses a weapon
- violates, in a significant way, program guidelines with regard to appropriate dress, language and behavior, smoking, courtroom behavior
- is 18 years old and has run away for more than 90 days
- commits physical violence
- verbally threatens another participant
- is convicted of dealing drugs

A minimum of two YDC Team members must request a vote on expulsion for the full team to consider it.

## GRADUATION

In this section you will find information on the following topics:

### ***Program Requirements***

### ***Celebration***

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*The Missoula Youth Drug Court graduation is a celebration of a youth's successful completion of all drug court requirements.*

### **Program Requirements:**

Successful completion of all four phases of the drug court program is required for graduation, including the required goals for all individualized treatment plans. Completion of Phase IV requires that a participant be clean and sober for 75 consecutive days. All financial obligations, including restitution and UA fees must be paid in full.

### **Celebration:**

The drug court celebration consists of a ceremony in open court at the completion of a YDC participant's individualized treatment plans. The celebration provides a specific time for the team, the participant, and the participant's family to acknowledge the work and success of the youth and to support the youth's future endeavors. Each ceremony is individualized according to the wishes of the participant. Successful completion of the program entitles the youth to have his/her record expunged

## LAW ENFORCEMENT LINK

In this section you will find information on the following topics:

### *Reports*

### *Ride-Along-Program*

### *Funding for Incentives*

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*We appreciate the support of the Missoula City Police Department and the support of the Missoula County Sheriff's Department.*

### **Reports:**

The Missoula City Police Department provides information to the drug court team concerning contacts between law enforcement and drug court participants. Reports from local law enforcement regarding positive and negative behavior of participants is compiled by the police department on a weekly basis and is provided to the team during weekly team meetings.

### **Ride-Along-Program:**

Upon entering the fourth phase of the program, youth have the privilege of participating in the law enforcement ride-along program provided through the Missoula City Police Department and the Missoula County Sheriff's Department. The participant rides in the front seat of the patrol car during the assigned officer's shift. The ride exposes young people to real police work allowing the youth to know the officer as a person and a professional and allowing the officer to see the participant in a positive light through a shared experience.

### **Funding for Incentives:**

The Missoula Sheriff's Department drug forfeiture funds provide incentives for the YDC Program.

## **YOUTH DRUG COURT TEAM MEMBERS**

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### Missoula County, Montana, Youth Drug Court Phase System

11/07/20

EVAL/ SCREENING	PHASE 1 MAPPING	PHASE 2 EXPOSURE	PHASE 3 ACTION	PHASE 4 ARRIVAL
<ul style="list-style-type: none"> <li>• Screening tasks:</li> <li>• SASSI</li> <li>• Biological-psychological-social Assessment</li> <li>• Contract</li> <li>• Releases</li> </ul>	<p><b>Court:</b> Weekly  <b>Check-ins:</b> 2x/week (until positive)</p>	<p><b>Court:</b> Weekly  <b>Check-ins:</b> per color</p>	<p><b>Court:</b> Weekly  <b>Check-ins:</b> per color</p>	<p><b>Court:</b> Weekly  <b>Check-ins:</b> per color</p>
	<p>Mapping tasks for team:</p> <ul style="list-style-type: none"> <li>• Chemical Dependency Evaluation</li> <li>• Strength-Based questionnaire</li> <li>• Develop Exposure Road Map (5<sup>th</sup> or 6<sup>th</sup> week)</li> </ul>	<p>The Exposure Road Map is distributed. Each map has four domains:</p> <ol style="list-style-type: none"> <li>1. Education/Vocation</li> <li>2. Community</li> <li>3. Family</li> <li>4. Wellbeing</li> </ol> <p>Each domain is directed by client strengths, challenges, as well as a long-term goal and a short-term goal, with objectives for each.</p> <p>Near the end of the phase the Exposure Road Map is evaluated and re-written for the next phase.</p>	<p>The Action Phase is where the Drug Court participants put into action all that has been learned thus far.</p> <p>The Action Road Map also contains the four domains:</p> <ol style="list-style-type: none"> <li>1. Education/Vocation</li> <li>2. Community</li> <li>3. Family</li> <li>4. Wellbeing</li> </ol> <p>Participants and parents develop an Arrival Road Map/Individual Relapse Plan for the final phase of Drug Court-containing the four previous domains.</p>	<p>The Arrival Phase is where the Drug Court participants put into action all that has been learned thus far.</p> <p>The Arrival Road Map also contains the four domains:</p> <ol style="list-style-type: none"> <li>1. Education/Vocation</li> <li>2. Community</li> <li>3. Family</li> <li>4. Wellbeing</li> </ol> <p>Participants and parents develop an Arrival Road Map/Individual Relapse Plan for the final phase of Drug Court-containing the four previous domains.</p>
	<ul style="list-style-type: none"> <li>• Acupuncture (18 sessions/ 6 weeks)</li> </ul>	<ul style="list-style-type: none"> <li>• Parks &amp; Recreation</li> <li>• Writing Workshop</li> </ul>		
	<ul style="list-style-type: none"> <li>• Relapse Prevention: Colors and Testing</li> <li>• Drug/Alcohol Treatment</li> <li>• Continue on-going treatment (CD &amp; family)</li> <li>• Sanctions &amp; Incentives: book reports, community service, house arrest, jail, customized awards, reduction in fees, etc.</li> <li>• Conflict Resolution</li> </ul>			
	<ul style="list-style-type: none"> <li>• Parenting/Support groups and attendance at court</li> <li>• Conflict Resolution</li> <li>• Participation in Road Map meetings</li> </ul>			
	<p>Additional programming: group homes, residential treatment, including chemical and non-traditional treatment, family-based services, etc.</p>			

	<b>Phase Complete when:</b> <ul style="list-style-type: none"> <li>Acupuncture complete</li> <li>Exposure Road Map prepared and approved</li> </ul>	<b>Phase Complete when:</b> <ul style="list-style-type: none"> <li>Check-ins &lt;3x/week</li> <li>75% of Exposure Road Map objectives met</li> <li>Exposure Road Map is evaluated and an Action Road Map is prepared and approved</li> </ul>	<b>Phase Complete when:</b> <ul style="list-style-type: none"> <li>Four consecutive weeks clean (1x/week)</li> <li>80% of Action Road Map objectives met</li> <li>Arrival Road Map completed</li> </ul>	<b>Arrival One Comp</b> <ul style="list-style-type: none"> <li>Clea days</li> <li>Meet Road obje</li> </ul>
	<i>(Utilize 4 clean weeks=week off &amp; Award)</i>			
	<b>The reward is:</b> <ul style="list-style-type: none"> <li>Exposure Phase (phase 2)</li> <li>Week Off &amp; Award</li> </ul>	<b>The reward is:</b> <ul style="list-style-type: none"> <li>Action Phase (phase 3)</li> <li>Customized reward (ex. climbing gym, play tickets etc.)</li> </ul>	<b>The reward is:</b> <ul style="list-style-type: none"> <li>Arrival Phase (phase 4)</li> <li>Customized award</li> </ul>	<b>The rew</b> <ul style="list-style-type: none"> <li>Move Phas</li> </ul>
Approximately 6 weeks	Approximately 14-18 weeks	Approximately 14-18 weeks	Appro	30 day

**Missoula Youth Drug Court  
Program Road Map**

**Name:**  
**Intake Date:**

**Date of Birth:**  
**Treatment Plan Date:**

EDUCATION/VOCATION			
<b>Strengths:</b>			
<b>Challenges:</b>			
<i>Long-term goal</i>	<i>Short-term goal</i>	<b>Objectives</b>	<b>% complete</b>
		1. 2. 3.	1. 2. 3.

COMMUNITY			
<b>Strengths:</b>			
<b>Challenges:</b>			
<i>Long-term goal</i>	<i>Short-term goal</i>	<b>Objectives</b>	<b>% complete</b>
		1. 2. 3.	1. 2. 3.

FAMILY/LIVING SITUATION			
<b>Strengths:</b>			
<b>Challenges:</b>			

<i>Long-term goal</i>	<i>Short-term goal</i>	<b>Objectives</b>	<b>% complete</b>
		1. 2. 3.	1. 2. 3.

<b>WELLBEING</b>			
<b>Strengths:</b>			
<b>Challenges:</b>			
<i>Long-term goal</i>	<i>Short-term goal</i>	<b>Objectives</b>	<b>% complete</b>
		1. 2. 3.	1. 2. 3.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Probation Officer Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Target Completion/Phase Evaluation Date: \_\_\_\_\_

**Missoula Youth Drug Court  
Program Road Map**

Exposure Phase

**Name:** Jenny Smith      **Date of Birth:** 06/02/1984  
**Intake Date:** 10/22/1999      **Treatment Plan Date:** 02/05/2001

**EDUCATION/VOCATION**

**Strengths:** Intelligent, writes well, enjoys school

**Challenges:** She's a 3<sup>rd</sup> year Freshman

<i>Long-term goal</i>	<i>Short-term goal</i>	<b>Objectives</b>	<b>% complete</b>
Complete high school	Progress in school	1. Enroll for 7 credits 2. Look into summer school	1. 2.

**COMMUNITY**

**Strengths:** Compassionate, positive attitude, out-going

**Challenges:** Difficult time with peers (can't say no)

<i>Long-term goal</i>	<i>Short-term goal</i>	<b>Objectives</b>	<b>% complete</b>
Maintain positive peer relations	Gain insight into peers	2. Use IOP 3. Make three positive peer contacts per week (document for Charity)	1. 2.

**FAMILY/LIVING SITUATION**

**Strengths:** Love for her family

**Challenges:** Getting along with parents

<i>Long-term goal</i>	<i>Short-term goal</i>	<b>Objectives</b>	<b>% complete</b>
A wonderful family life	A more peaceful relationship with family members	1. Explore FBS 2. Use IOP 3. Family meetings 1x/week 4. One family activity/week	1. 2. 3. 4.

**WELLBEING**

**Strengths:** Determined, physically strong

**Challenges:** Take better care of self

<i>Long-term goal</i>	<i>Short-term goal</i>	<b>Objectives</b>	<b>% complete</b>
Be a healthy adult	Improved self care	1. Use IOP 2. Develop self recreation plan: 3 activities/week	1. 2.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Probation Officer Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Target Completion/Phase Evaluation Date: \_\_\_\_\_

**Missoula Youth Drug Court  
 Program Road Map**

Action Phase

**Name:** Jenny Smith                      **Date of Birth:** 06/02/1984  
**Intake Date:** 10/22/1999              **Treatment Plan Date:** 05/06/2001

<b>EDUCATION/VOCATION</b>			
<b>Strengths:</b> Intelligent, writes well, enjoys school			
<b>Challenges:</b> She's a 3 <sup>rd</sup> year Freshman			
<i>Long-term goal</i>	<i>Short-term goal</i>	<b>Objectives</b>	<b>% complete</b>
Complete high school	Progress in school	1. Enroll for 7 credits 3. Look into careers and necessary education objectives to obtain career goal	1. 2.

<b>COMMUNITY</b>			
<b>Strengths:</b> Compassionate, positive attitude, out-going			
<b>Challenges:</b> finding clean & healthy peers (new friends)			
<i>Long-term goal</i>	<i>Short-term goal</i>	<b>Objectives</b>	<b>% complete</b>
Maintain positive peer relations	Exploring healthy Friendships	4. Make three positive peer contacts per week (document for Charity) 5. Explore membership in a group: school, church, 4H, athletics or service club, or social club/recreation program	1. 2.

<b>FAMILY/LIVING SITUATION</b>			
<b>Strengths:</b> love for her family, wants to live with her family			
<b>Challenges:</b> family is not helping			

<b><i>Long-term goal</i></b>	<b><i>Short-term goal</i></b>	<b>Objectives</b>	<b>% complete</b>
A wonderful family life	Recognize need for autonomy and accept limitations of family	5. FBS 6. Use Aftercare	1. 2.

Jenny Smith  
 Action Phase Road Map  
 Page Two

<b>WELLBEING</b>			
<b>Strengths:</b> Determined, physically strong			
<b>Challenges:</b> Continue taking better care of self			
<b>Long-term goal</b>	<b>Short-term goal</b>	<b>Objectives</b>	<b>% complete</b>
Be a healthy adult	Continue to develop strong self-care strategies	3. Aftercare 4. Writing Workshop to develop critical thinking skills 5. Continue with recreation plan: 3 activities/week	1. 2. 3.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Probation Officer Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Target Completion/Phase Evaluation Date: \_\_\_\_\_

**Missoula Youth Drug Court  
Program Road Map**

Exposure Phase

**Name:** John Smith                      **Date of Birth:** 05/02/1985  
**Intake Date:** 01/17/2001              **Treatment Plan Date:** 02/05/2001

<b>EDUCATION/VOCATION</b>			
<b>Strengths:</b> has a desire to succeed in school			
<b>Challenges:</b> to catch up on credits and studies			
<i>Long-term goal</i>	<i>Short-term goal</i>	<i>Objectives</i>	<i>% complete</i>
Graduate from High school	Continue to progress in Rebound program	1. Develop a plan for finishing school by 2002. 2. Complete semester program requirements for Rebound.	1. 2.

<b>COMMUNITY</b>			
<b>Strengths:</b> likes being around other people, personable			
<b>Challenges:</b> Getting into too much trouble with the police			
<i>Long-term goal</i>	<i>Short-term goal</i>	<i>Objectives</i>	<i>% complete</i>
Out of legal system	Reduce the number of negative incidents with police	1. Ride-along program 2. Make restitution plan with Charity 3. Choose a community activity to participate in without police trouble.	1. 2. 3.

<b>FAMILY/LIVING SITUATION</b>			
<b>Strengths:</b> desire to have a good relationship with his mother, mother is open to treatment			
<b>Challenges:</b> Sadness about family (deaths, addictions, incarcerations, etc.)			

<b>Long-term goal</b>	<b>Short-term goal</b>	<b>Objectives</b>	<b>% complete</b>
	Process grief	1. Explore grief group 2. Continue with FBS until complete. 3. Choose treatment modality that best suits your emotional needs following FBS (Myra, Dudley, Melanie, Linnea, etc.)	1. 2. 3.

John Smith  
 Exposure Phase Road Map  
 Page Two

<b>WELLBEING</b>			
<b>Strengths:</b> desire to succeed in life, enjoys physical activities, i.e., snowboarding, etc.			
<b>Challenges:</b> Wanting to smoke marijuana			
<b>Long-term goal</b>	<b>Short-term goal</b>	<b>Objectives</b>	<b>% complete</b>
Healthy Adult	Stop using illegal substances.	1. Clean UAs 2. Participate in Insight II 3. Dr. Aytes: medication Plan. Develop 3 questions for Dr. Aytes. 4. Meet with Ellie to develop a strategy for wellness.	1. 2. 3.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Probation Officer Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Target Completion/Phase Evaluation Date: \_\_\_\_\_

### SANCTIONS GRID

<b>USE</b>	<b>MISSED APPOINTMENTS</b>		<b>SCHOOL</b> <i>(unexcused absences or behavioral issues)</i>		<b>HOME</b> <i>(curfew, cho behavioral is</i>	
	<b>Sanction</b>	<b>Date</b>	<b>Sanction</b>	<b>Date</b>	<b>Sanction</b>	<b>Date</b>
<i>te</i>						<i>Sanc</i>

	Book Report		Warning		Warning		Warning a Implement Rules
	3 hours Community Service		Letter of Apology		2 hours Study Hall for each absence ( <i>up to 10 absences</i> )		Uphold Fa Rules and Consequen
	6 hours Community Service		3 hours Community Service		School Conference		Uphold Fa Rules and Consequen
	Home Arrest or Community Service (when in a group home placement)		6 hours Community Service		Home Arrest		Home Arre
	24 hours Detention		Pay for Appointment		Home Arrest		Customize Sanction
	48 hours Detention		Home Arrest		Customized Sanction		
	1 week Detention		Customized Sanction				

Individualized Treatment Review

**PLEASE NOTE:** This grid should serve only as a guide. It is NOT definitive. The Youth Drug Court Team can and will customize sanctions, as it deems appropriate.

MONTANA FOURTH JUDICIAL DISTRICT COURT, MISSOULA COUNTY

IN RE THE MATTER OF

\_\_\_\_\_

A Youth Under The Age of 18.

Dept. 3  
Cause No. DJ-\_\_\_\_\_

**ORDER SETTING NEXT  
APPEARANCE DATE  
AND TASK LIST**

PHASE: [I] [II] [III] [IV] EXPECTED GRADUATION: \_\_\_\_\_

Last week's score: \_\_\_\_\_ Dates of last successful score: \_\_\_\_\_

Total cumulative successful scores: \_\_\_\_\_ (You need three consecutive successful scores for an award)

Accomplishments and Challenges last week: \_\_\_\_\_

AT RESIDENCE \_\_\_\_\_ ENTRY

The following is a drug court task list. This is a Court Order so before your next court date you are required to complete the task list: You will receive a grade for each task completed (A=5, B=4, C=3, D=1, F=0).

NEXT APPEARANCE DATE: WEDNESDAY, \_\_\_\_\_ at 3:30 p.m.

\_\_\_1. [ ] See PROBATION OFFICER as required:

\_\_\_2. [ ] DRUG TEST: \$2.50 is required before each UA Test.
[ ] Green = 1 check-in [ ] Blue = 1 check-in Failure to pay the require
\$2.50 fee [ ] Yellow = 2 check-ins [ ] Red = 3 check-ins results in a positive UA with
sanctions.

\_\_\_3. [ ] Attend SCHOOL [ ] Attend G.E.D. WILLARD (No unexcused or excessive excused
absences)

\_\_\_4. [ ] Attend COUNSELING/recovery education as directed
[ ] Increase counseling sessions [ ] Increase outside meetings

\_\_\_5. [ ] Attend IN-PATIENT TREATMENT Program at

\_\_\_6. [ ] Attend AA/NA or other self-help group as approved by probation officer

\_\_\_7. [ ] Attend ACUPUNCTURE treatment as scheduled [ ] Increase Acupuncture Treatments

\_\_\_8. [ ] Attend PARKS & RECREATION
at \_\_\_\_\_ o'clock

\_\_\_9. [ ] Attend LITERACY PROGRAM on \_\_\_\_\_ at
\_\_\_\_\_ o'clock

\_\_\_10. [ ] Attend CONFLICT RESOLUTION WORKSHOP on \_\_\_\_\_ at
\_\_\_\_\_ o'clock

\_\_\_11. [ ] Attend \_\_\_JOB \_\_\_JOB TRAINING as required by probation officer

\_\_\_12. [ ] Meet with \_\_\_\_\_ Community-Oriented POLICE OFFICER:

\_\_\_13. [ ] Pay outstanding: RESTITUTION \$\_\_\_\_\_, UA TESTS \$\_\_\_\_\_, FINES
\$\_\_\_\_\_

=====

SANCTIONS:
[ ] Book Report/Essay on \_\_\_\_\_
[ ] Out-of-Home Placement at \_\_\_\_\_
[ ] Repeat Previous Phase/Treatment
[ ] Increase UA Tests
[ ] Community Service \_\_\_\_\_ hour(s)
[ ] Detention \_\_\_\_\_ day(s)
[ ] Home Arrest \_\_\_\_\_ day(s)
[ ] \_\_\_\_\_ Other \_\_\_\_\_

REWARDS:
[ ] Gift Cert.
[ ] Fewer UA Tests
[ ] Week Off
[ ] Graduate to
Next Phase
[ ] \_\_\_\_\_ Other

DATED this \_\_\_\_\_ day of \_\_\_\_\_, 2002.



# APPENDICES

## REFERRALS AND ELIGIBILITY

### Referral Process:

A youth involved in the criminal justice system may be referred by many sources to be assessed by the YDC-JPO for program eligibility, e.g., YDC Judge, County Attorney, Public Defender, Juvenile Probation Officer (JPO), treatment or mental health provider, or school.

### Eligibility:

The YDC will only accept young people for whom it is believed that adequate services are available in the YDC Program to address his or her substance abuse and mental health condition. Based on the work of the YDC Planning Committee, the purpose of the YDC Program was to "assist youth in overcoming substance abuse issues while reducing criminal involvement (Final Report: Youth Drug Treatment Court Planning Project, July 1996.) Thus, in order to be eligible for YDC a youth must: (1) have extensive involvement in the juvenile justice system, and (2) use or abuse drugs. Some participants have been referred for inability to follow through with mandated probation requirements. The YDC Team votes whether or not to accept the youth. The YDC does not accept any young person who has a prior violent felony conviction or who is charged with a violent felony. Generally, the YDC Team will not accept a participant who has been previously refused.

Appendix B

**YDC CONTACT PEOPLE AND  
PROGRAM STAFF FOR REQUIRED TREATMENT PROGRAMS**

YDC Contact Person for: **Therapy Programs and overall YDC Program**

Charity Claramunt YDC-JPO  
311 Woody St.  
Missoula, MT. 59802  
(406) 523-4735  
(406) 523-4892 FAX  
*cclaramu@co.missoula.mt.us*

YDC Contact Person for:

**Acupuncture; Adventure Recreation; Conflict Resolution; Parent Education; Writing Workshop**

Ellie Greenwood, Community Programs Coordinator

Office Address:

Health Department/Basement  
301 West Alder  
(406) 523-2889  
(406) 523-4739 FAX  
*egreenwo@co.missoula.mt.us*

Mailing Address:

200 West Broadway  
Missoula MT. 59802  
Attention: District Court Dept. 3

**Program Staff**

**Acupuncture Detox Clinic:**

Susan Stampley  
126 East Broadway  
Missoula, MT. 59802  
(406) 543-2220

**Parent Education:**

Laurie Hunt  
200 West Broadway  
Missoula, MT. 59802  
(406) 523-4957  
(406) 523-4739 FAX  
*lhunt@co.missoula.mt.us*

**Adventure Recreation:**

Tait Brink  
Missoula City Parks & Rec Dept.  
100 Hickory  
Missoula, MT. 59801  
(406) 523-2767  
(406) 523-2765

**Conflict Resolution:**

Art Lusse  
Community Dispute Resolution Center  
Jeannette Rankin Peace Center  
P. O. Box 159, Missoula, MT 59806  
(406) 543-1157

*tbrink@ci.missoula.mt.us*

*artilusse@aol.com*

- **Individual outpatient chemical dependency treatment (IOP)**

**Turning Point, 1325 Wyoming, Missoula, MT 59802 (406-532-9800)**

Turning Point a State approved agency, offers an intensive outpatient program (IOP). This agency also offers, individual counseling sessions with family meetings as needed and continuing care services, which include group, individual, and family meetings.

**St. Patrick Hospital Adolescent Intensive Outpatient Program (IOP)**

**902 North Orange, Providence Center, Missoula, MT 59802 (406-327-3324)**

The St. Patrick Hospital Adolescent Intensive Outpatient Program (IOP) is based on 14 hours of group therapy per week, a minimum of one individual session, and mandatory family sessions at least bi-weekly. Case management services are an integral part of the program. Recommended length of time in IOP varies depending on client's individualized treatment plans.

- **Individual Therapy**

The YDC offers individual therapy from a variety of licensed professionals.

- **Pet-Assisted Therapy**

The YDC offers pet-assisted therapy in appropriate cases. At this time we have been using Llamas. Pet-assisted therapy is gaining recognition as a viable and effective approach to working with difficult, at-risk young people. The YDC supports promoting animals to help people improve their health, independence and quality of life.

- **Art Therapy**

Missoula Youth Drug Court occasionally refers participants to therapists in the community who do Art Therapy. Art therapy has been found to help young people deal with their emotions, build social skills and increase self-awareness. Artwork can also help young people reduce stress and anxiety. Research suggests that for young people who are engaged in recovery, Art Therapy can be an effective avenue to understand their drug and alcohol abuse.

- **Neurofeedback Therapy**

**5190 Marshall Grade, Missoula, MT 59802. (406-721-3351)**

Some of the most intractable problems of our society--learning and behavior problems of children, mental decline of the elderly, mood disorders, addictions, and irrational violence--often reflect deficiencies in the way the brain regulates itself. EEG biofeedback (also called Neurofeedback) is a learning strategy that enables people to alter their brain waves, to influence and fine-tune the brain's own regulatory mechanisms. When information about a person's own brain wave patterns is made available, he or she can learn to change them, and in so doing, affect other aspects of his or her life.

Neurofeedback trains "brain behavior." It uses operant conditioning to help shape EEG activity. For example, if someone has excessive slow EEG activity in the frontal lobe, that person may experience depression, Obsessive Compulsive Disorder, or both. By training the brain to reduce slower brainwaves and increase faster brainwave activity, symptoms are often reduced. Over time, the new brain behavior is "learned." Improving the EEG's regulation impacts cognitive and neurological function, and mood and anxiety disorders. The training increases certain frequencies and decreases others. The result, practitioners report, is a client with a more stable brain. A survey of psychologists and therapists who use this therapy report three common findings: 1) It is commonly used for mood disorders (depression), anxiety disorders, and ADD/ADHD; 2) When combined with other therapies, patient outcome improves, and 3) Often patients are able to reduce medications as a result of the therapy. The most common problems being addressed among young people include: ADD/ADHD, Learning Disabilities & Conduct Disorders.

- **Missoula Indian Center, 2300 Regent, Missoula, MT 59801.(406-329-3373)**

The Missoula Indian Center (MIC) provides one stop comprehensive health and chemical dependency services for Missoula's Native American residents. The MIC provides services that are culturally-sensitive to Native Americans. The MIC takes very seriously its responsibility to serve the needs of the urban Indian and is oriented to that perspective.

- **Family Based Services (In-Home Treatment)**

**1515 East Broadway, Missoula, MT 59802 (406-728-2662)**

This program focuses on families with a child who is considered to be "at risk of removal from the home." This risk of removal can be due to the child's lack of physical and/or emotional safety in the home or may result from the family's inability to manage that child's behavior or emotional state. Therapists work with families who want to keep their children in the home and are willing to work towards providing a nurturing family environment. This work is primarily done in the family's home and consists of traditional therapy, parenting skills training, advocacy, and support. Interventions focus on the strengths of families and typically last three months.

- **Therapeutic Group Homes**

**Missoula Youth Homes**

**550 N. California, Missoula, MT 59801. (406-721-2704)**

In 1971, Missoula Youth Homes opened its first group home for young boys. Since then Missoula Youth Homes has expanded to serve children struggling with abuse, neglect, emotional trauma, and substance abuse problems throughout Western Montana. Today, Missoula Youth Homes runs six homes for adolescents and children, two youth crisis shelters and a foster care and adoption program for hard-to-place children.

- Tom Roy Guidance Home (406-728-8127) This facility is a structured, family-style group home for:
  - Older adolescents, between the age of 15 and 18,
  - Youths under the custody of the Department of Public Health and Human Services who need structure, adult support and guidance and a safe place to live until adulthood,
  - Youths who need help with emancipation, preparation for independent living and/or transition to adulthood and
  - Youths struggling with chemical abuse issues
- Shirley M. Miller Attention Home (406-549-3836) This 12-bed coeducational facility is designed to provide safety, care, intervention, stabilization and case planning to youth ages 10-18 who are in crisis.
- Susan Talbot Youth Care Center (406-251-6836) These moderate level therapeutic group homes provide community-based care with in-house clinical treatment, with a small group living design for eight emotionally disturbed adolescents, age 13-17, in each center

- **Wilderness Treatment Program, Box 1088, Boulder, MT 59632 (406-225-3176)**

Aspen Youth Alternatives (AYA) is dedicated to providing powerful prevention and intervention programming for youth. The program is designed to focus on four areas: physical/health, social/emotional, intellectual/work, and spiritual. Students are required to continuously evaluate these four areas and to develop goals as they progress through the program. The program consists of four phases. The phases are: orientation, back country, residential, and aftercare. Orientation is a 25-day program which provides student and family assessments. The back country phase is a 60-day, highly intensive, experiential-based program. During this phase students are required to learn competencies ranging from hard skills, including low impact camping and survival, to soft skills, including communication, self-reliance, and other social skills. The final on-site phase is the Residential program which lasts for 50 days. This phase re-integrates the students with an expanded peer group, families, and their communities. It is a safe and

supportive environment to practice the skills learned so far and to generalize competency development. The aftercare phase occurs when the students leave AYA and return to their residence. Program length is 150 days and up to 30 days of aftercare. Drug Court participation resumes after completion of this program.

- **Support Groups**

**Teen Parent Education and Support:**

The Futures Program provides local programs and services to teen parents. In addition to a weekly support group for young moms and dad, the program provides uses 3 nationally recognized curriculums: "Wise Guys," "Making Parenting a Pleasure," and "The Nurturing Program." Support groups for teen moms meet weekly on Monday from 2-4 PM and for teen dads on Wednesday from 6-8 PM. A local community non-profit, Futures works with court-involved youth in groups and in one to one sessions. The Young Father's advocate is available to visit YDC youth at the detention facility.

Contact persons:

Young Father's Advocate: Ron Liszack @ Futures: 542-4900

Young Mother's Advocate: Naomi @ Futures: 543-3550

**Parent Support Group:**

The parenting education program conducts a monthly drop-in meeting for YDC parents.

**Youth Support Group:**

**The Missoula Boys and Girls Club (617 S. Higgins Ave., Missoula, MT 59801 (406-542-3116)** hosts a weekly support group for young people who are working to recover from drug and alcohol abuse.

- **Job Skills Clinic I and II**

The Montana Conservation Corps of Missoula provides YDC with Job Skills clinics. These clinics are arranged on an as-needed basis in Spring and Summer for YDC participants.

Job Skills I is an introductory course on applying for and obtaining employment.

Job Skills II is a clinic that encourages participants to upgrade job skills to further their chances for long term employment. Identifying educational goals and refining job acquisition skills is the core of the Job Skills II clinic.

The clinics generally take place on Friday evenings and all day Saturday. Clinics are 2 to 8 hours in length and meet for five consecutive weeks.

- **Home Arrest, 317 Woody, Missoula, MT 59802. (406-523-4735)**

As an arm of the YDC Program, the Youth Court Home Arrest Program serves as a viable means of tracking and reporting behavioral issues of specific clients. The program is a 24 hour, 7 day per week, 365 day per year program whose major purpose revolves around surveillance.

An inceptive meeting between the youth, his/her parents, Juvenile Probation Officer, and Home Arrest Officers is scheduled to discuss program parameters. Here, the Home Arrest contract and specific paperwork which stipulates to the terms, conditions, and expectations of Home Arrest supervision are outlined. After questions as to program format and individual responsibilities are addressed the youth leaves the office under Home Arrest.

Program officers maintain daily contact with clients throughout their period of supervision by means of both visual and telephonic verification checks. At least eight random contacts are made per day. Clients are aware that Home Arrest Officers are in daily communication with school administrators and instructors, counselors, treatment providers, as well as specific court personnel. Contravention of any of the conditions of Home Arrest represent immediate grounds for placing the youth in secure detention.

Program staff is comprised of a full time director, one full time employee, one quarter time weekend and holiday position, as well as an intermittent on-call position.

Drug Court/Home Arrest Interaction: As it pertains specifically to the YDC Program, Home Arrest is the penultimate sanction for maladaptive behavior presented by program clients. Specific goals for YDC participants under Home Arrest are as follows:

- Provide the least restrictive alternative while ensuring community protection
- Provide a vehicle whereby clients can continue treatment and academic pursuits in the community under supervision
- Engender in clients a sense of "ownership" for actions
- Provide an intense mechanism of family-based information gathering and making these findings available to the Drug Court team.

YDC participants requiring the services of Home Arrest are typically discussed during the weekly YDC Team meeting. Clients typically placed under Home Arrest are youth who have:

- Missed a series of scheduled appointments and have gone through lower level sanctions
- Failed to comply with specific terms of their Drug Court contract and Home Arrest is the next appropriate step
- Been placed under Home Arrest because space exists in detention
- Been released from secure detention and placed under Home Arrest supervision until their next court appearance

YDC participants are tracked in accord with standard Home Arrest procedure and if warranted, written reports accompany them to their next appearance in court.

Appendix D (page 10)  
**Detailed Illustration of the Phase Plan**

### Strengths-Based Assessment and Inventory of Personal Resources

The strengths-based approach calls on drug court teams to find, amplify and reinforce the strengths of participants and their families for a more effective program and a more successful graduate. During the Mapping Phase each participant completes a strengths-based assessment and inventory of personal resources through a one-on-one interview with the Community Programs Coordinator.

The following questions are those asked in the strengths assessment and personal resources interview.

1. Describe what you think is best about you.
2. What's the best thing you've done in your life so far?
3. When are you at your best? What does it look and feel like?
4. Describe the best thing about your family.
5. What does your family do well together?
6. Describe the people who have had the biggest impact on you, who do you look up to?
7. Who is the most positive person in your life right now? What do you get from him/her?
8. Describe a time when you successfully solved a problem.
9. Describe the most important thing you've learned about life so far.
10. What does being happy mean to you? When was the last time you felt truly happy?
11. Where you like to be: (a) One year from now? (b) Five years from now? (c) Ten years from now?
12. What skill or qualities do you have that the community may not know you have?
13. You have identified the following skills and talents...How can you use these skills in the future to benefit the community or the people around you?
14. What is most important for people, including the YDC Team, to know about you?
15. In signing the contract for drug court it is assumed that at a minimum you want to have your charges expunged if you are successful in this program. To do that you will need to do a lot of hard work and complete a variety of required and individually selected programs. What do you feel you need from your family and friends to do that?
16. What can the drug court team or the Judge do to help you be successful in this program?
17. Imagine that when you get up tomorrow morning everything that was wrong in your life is now magically gone. In fact, everything is okay now. What does it look like? Can you get there?

Appendix F

Appendix G