Currently the Crossroads and Decisions program is offered to both the Grafton County Corrections Department and Grafton County Drug Court.

The Crossroads and Decisions program originally called Thresholds is offered as a mentoring program to both inmates at the Correctional Facility and those individuals that have pleaded into Drug Court.

The program offered to jail inmates is for 5 weeks with 2 hours a week of individual mentoring and 4 hours a week with group sessions. In the program offered to the Drug Court clients receive 2 hours a week of group sessions with a 30 minute individual mentoring session within the 2 hours. This program emphasizes Time Management as its theme.

The jail clients are informed about the program and it’s their decision to become a participant on a volunteer basis. The Drug Court team determines which Drug Court clients should participate in their program.

The mentoring is provided by a group of individuals who volunteer their time and energy in helping clients with the decision making process through a 5 step program:

- See the Situation Clearly
- Know What You Want
- Expand Your possibilities
- Evaluate and Decide; and
- Act

We currently have approximately 15 individuals who are used as Mentors with both the Jail and Drug Court programs. When additional volunteers are needed, an article is published in the local newspapers describing the program and asking for anyone interested in volunteering to make contact with the program Coordinator.

To perform this volunteer activity successfully, an individual must be able to perform each duty satisfactorily. The requirements listed below are representative of the knowledge, skill and abilities required through a combination of education and/or experience.
The Crossroads & Decisions volunteer must:

- Relate in a respectful manner with others
- Have good communication skills including boundaries
- Be receptive to constructive feedback from the Coordinator and fellow volunteers
- Be able to accept responsibility
- Work independently as well as interact well with a wide variety of people
- Have and use good judgment skills
- Identify potential problems and act according to procedure or know when to ask for help; and
- **MUST MAINTAIN PARTICIPANT CONFIDENTIALITY**

Exceptions to the confidentiality rule include the following:

- A client says he or she is going to harm another person or harm themselves; and
- A client plan to attempt an escape.

There is an informal training session for all new volunteers; this training session consists of an introduction to the 5 steps (as previously described) and other techniques such as Art Forming to emphasize a broader meaning to these 5 steps.